

出身国 Nationality	Nigeria
日本滞在期間 Period of Stay	2年以上 More than 2 years

岩手大学に留学の際に
When you come to Japan

必ず必要なもの Necessities <Breakdown>	貴重品関係 Valuables	Money in cash, International adaptor plug, Laptop, Pen, Pencil, Notebook, DVDs+CDs, Food items and snacks
	日用品関係 Daily Necessities	Soap, Toothbrush, toothpaste, Alarm clock, shaving sticks/razors, Electric shaver, utensils, Body spray, deodorant, Nail clipper, Japanese dictionary
	衣類関係 Clothing	Vests, Underwear, shirts, trousers, jeans, socks, winter coat, jacket, sweater, rain coat, muffler, gloves, winter cap, belt, pajamas, trainers/sneakers, boots and black suit
	その他 Other	Bed sheet, towels, hair comb, batteries, first aid kit, wallet, business card holder
持っている便利なもの 持ってきて良かったもの Items I'm glad I brought		Clothing, Laptop, USB Flash Drive, Local stacks, Digital camera, Mobile phone, Prayer mat, Chargers, Nigerian traditional cloth, calendar
持ってくれば良かったもの Items I wish I had brought to Japan		Cash money, International adaptor plug, Electric hair shaver, Fluoride tooth past, Native food items, International driver license, Religious books, power bank, Culture and traditional items about Nigeria

その他 これから岩手大学に来る留学生へのアドバイスなど Other comments /advices for new international students if any		Not all ATM cards from abroad work in Japan. Discuss with professor if need to bring experiment samples. Bring winter clothing especially if arriving in winter or just before inter starts. Do bring items that can be used to teach about your countries culture and tradition. Bring gift for your professor and laboratory.
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